

Welcoming Veterans
Since 1964

American Legion Post 196



East Shore American Legion Post 196 – 25 Merwin Ave. – Milford, CT 06460 – www.milfordctvets.org – April-May 2024



HELLO LEGION FAMILY – COME ON DOWN

I hope you have some time to stop down and enjoy time with friends. With spring weather here we can enjoy the upper and lower decks and enjoy the view.

Did you know all of our groups continue to increase membership? That brings us more volunteers, more events and more dollars for great causes.

AND YOU MAKE IT HAPPEN

Thank you to everyone who helped make our most recent events so successful. Together we are the



- Chili Cookoff
- 4th Annual Polar Plunge
- St. Patrick's Day events

STEPPING DOWN, STEPPING UP

To Justin Pacelli, our Jr. Vice who increased our calendar with weekly music and other events, thank you so much. We are sorry to see him step down, but know he's always there when we need him.



To our new Jr. Vice, **Steve Bettencourt**, thanks for stepping up – Welcome. You may recognize Steve's name as a regular performer for Friday night music. In his new role he will schedule weekly music, hall rentals, and other Legion-sponsored events. He can be contacted at: stevitunes@gmail.com.

Electons are coming in June. The members on our Executive Board steer the ship. If you would like to learn more about the roles within the E-Board, feel free to contact anyone on the list below.

- **Commander** – Colleen Weatherspoon
- **Sr Vice Commander** – Tom Jackson
- **Jr. Vice Commander** – Steve Bettencourt
- **Adjutant** – Larry Carter
- **Finance Officer** – Chad Rose
- **Historian** – Norm Lansing
- **Judge Advocate** – Bob Murray
- **Chaplain** – Lou Eden
- **Service Officer** – Sean Eden
- **Sargeant At Arms** – Chris Sweetwood

HONOR, REMEMBER, THANK



As the warm weather approaches, installation of our memorial bricks will begin again. Please take a look at the

installed tribute-bricks and let us know if you'd like one. Applications are at the bar, online at milfordctvets.org, or contact Jim Scott:

jscott49@gmail.com

Over 200 tribute-bricks have been placed.

Colleen



AMERICAN LEGION POST 196
MILFORD, CONNECTICUT

Proceeds Will Benefit Local Veterans Programs

EIGHTH ANNUAL

Golf Tournament

May 6th, 2024 Orange Hills Country Club 29 Macomber Blvd, Orange, CT 06477

SALUTE TO HONOR Recognizing George Holler

\$125 Registration Per Person

7:30AM Registration | 9AM Shot Gun Start

Registration Includes:
Breakfast, Golf Cart, 18 holes of Golf, Refreshments on the Course, a Gift Bag and an Award Luncheon immediately following at American Legion Post 196, 25 Merwin Ave, Milford CT 06460

Prizes Include:
Putting Contest, Top Three Teams, Hole In One, Longest Drive and Closest to the Pin

50/50 Raffles & More

Contact:
Tom Jackson (203) 237-2852
Colleen Weatherspoon (203) 940-9691
www.milfordctvets.org

Mail Registration to:
American Legion Post 196
25 Merwin Ave, Milford CT 06460

Don't get teed-off later. Sign up for our May 6 Golf Tournament now.

Sign up online:
<https://milfordctvets.org/index.php?id=102>



CHAPLAINS

CORNER



Crying

Crying is the shedding of tears (or welling of tears in the eyes) in response to an emotional state or pain. Emotions that can lead to crying include sadness, anger, excitement, and even happiness.

As babies our crying is a simple reaction to being uncomfortable in any way. Simple and straightforward.



As adolescents we cried for many different reasons: Emotional pain. Acne before the prom. Unrequited love! Oh, Lord, this is the most painful thing that has ever happened to anyone! (Not really but we thought so at the time and wept buckets of real, salt tears.)

As adults our tears usually come in more serious situations. Crying is the normal reaction to the loss of a loved one, family estrangement, a life-threatening illness, unbearable physical or emotional pain.

When the tears won't stop and you feel overwhelmed, don't be ashamed to seek professional counseling. It can help. But remember, always, to talk to the Lord. (You knew this was coming from your Chaplain.) And go easy with what you ask God for. A request I like to use is, "God, please give me the strength to bear up under this pain and comfort those people who are in greater pain than I am."

The Chaplains Corner should leave you on a high note, and here it is: As we approach spring, may all your tears be happy ones.

Lou Eden
Chaplain

IN ADDITION TO THE E-BOARD, THESE MEMBERS ALSO SERVE OUR POST

- Permittee: Norm Lansing
- Auxiliary: Mary-Ellen Breen, Pres.
- Sons of AL: Ken Crepeau, Commander
- Legion Riders: Dave Woodmanse, Director

505 and counting

Tom Jackson, Membership Chair, reports we now have 505 paid members for the 2024 membership year. That's up 17 since February's report and close to being a record for this post. National has introduced an opportunity to pre-pay for 2025, '26, and '27. The member has to be in good standing and must purchase all three years at one time. This will avoid your dues increase for next year.

How do I renew for three years and save \$30?

1. Go to mylegion.org
2. Log into your account (or create one) - you need your email and password.
3. Go to your contact page info.
4. Once you're in, it knows you're a member of Post 196 and presents you with a "RENEW NOW" button.
5. Press the renew button and the option for paying for the three years comes up.
6. Agree and pay.



If you know someone who may qualify to join our Legion Family, please refer them to the appropriate officer. Our strength is always in numbers. We are close to being number one in membership in the state. We are already the Friendliest post in the state.

We would also ask everyone to contact a veteran that you may know and see how they are doing. If there are any issues or problems with which we can assist, let an officer know. We should never leave a veteran behind.



Thanks,
Tom



- Join our FB page to be aware of events <https://www.facebook.com/AmericanLegionPost196>
- Shirts, Sweatshirts and hats all for sale – see the bartender.
- Clear your own tables during Friday night music.
- Parking in the lot adjacent to the building is for legion members. All others (Aux, SAL, and guests) use the lot across the street.



Rich Kitchens
Pete Veccharelli
Thank You for the many improvements to our Post.



AUXILIARY GEARING UP FOR SPRING



Spring is in the air which means it's time for our famous annual Sunday brunch! This year the brunch will be on April 28th and the tickets are \$20.00 a person. Please see the bartender to purchase tickets. We're limited to 100 ticket sales so get yours quick-it's first come first served! Watch for a volunteer sign-up sheet on the lounge bulletin board.

Feed the hungry

When you're coming to Post 196, bring a non-perishable food item and place it in the **Purple Box** located in the lounge. These items will be picked up on a regular basis and placed in the Purple Pantry boxes around Milford. Help feed people.



Membership Goal Reached

The Auxiliary has reached 101% of its membership goal. If you have not paid your dues, send them to: Post 196 ATTN: Patty Paris

Remember: If your membership is not paid you risk suspending your benefits such as voting and visiting the post without having to be signed in by a member in good standing. We will be initiating new members at our next meeting on April 9.

Our Auxiliary donates and helps

In the past two months, we've been able to donate to the following events and charities: *The Purple Box, Building Homes for Heroes, Polar Plunge, Milford's St. Patrick's Day Parade, American Legion Golf Tournament, Afghanistan/Iraq Memorial* and *Lustgarten Foundation*.

Grooming Girls for Government Leadership

Do you know a local high school student who may be interested in participating in the **Laurel Girls State?** Since 1944, this Auxiliary event has sponsors girls in a one-week conference where young women, selected by their respective Legion Units study local, county and state government processes. This year it is at Univ. of New Haven. If so, please contact Mary-El-len Breen mbreen2020@sbcglobal.net.



We plan on marching in the Memorial Day Parade on May 26th. If you would like to join us, please contact Sally Carter sjcarteraux196@gmail.com.

Music At The Post



APRIL

- 5 - The Elwoods – 5-7
- 12 - Steve Bettencourt – 5-7.
- 19 - Irena Hart – 5-7
- 26 - The Modifieds

MAY

- 3 - Steve Bettencourt – 5-7
- 10- The Elwoods – 5-7
- 17 - Garrett Stack's American Jukebox® Live – 5-7
- 31 - The Modifieds

JUNE

- 7- Steve Bettencourt – 5-7
- 14 - The Modifieds
- 21 - Garrett Stack's American Jukebox® Live – 5-7
- 28 - The Elwoods – 5-7

Garrett Stack PRESENTS BABY BOOMER CLASSICS

Rock 'n' Roll

Folk - Folk Rock - Pop

Country - Soft Rock

American Jukebox® Live is available for your next event.

Garrett Stack's American Jukebox® Live returns for 6 months starting May 17



For a full calendar of POST 196 events, go to

<https://milfordctvets.org/site/eventscalendar.php>

APRIL

- 16 - General Veterans Meeting - 7:00
- 28 - Auxiliary Brunch - 11 a.m.

MAY

- 6 - Golf Tournament
- 21 - General Veterans Meeting - 7:00

COMING SOON

Aloha



ANNUAL AUXILIARY LUAU JULY 20

